

## *Act of Consecration of the Family to the heart of Mary*

*Come, O Mary, our most loving Mother!  
Come, to live with us in this house which we entrust to you  
and consecrate to you.*

*We accept you with hearts that, though unworthy, desire to  
be yours, in life, in death and for all eternity.*

*Remain with us as you did in the house of Zachary and  
Elizabeth; as you were the joy of the spouses at Cana, as  
you were Mother to the Apostle, John.*

*Bring Jesus Master, Way, Truth and Life into our family.*

*Drive sin far away from us forever and free us from all evil.*

*O good Mother, grant each of us material and spiritual  
graces, and in particular increase our faith, hope and  
charity toward God and toward our neighbor.*

*Raise up many vocations from among us.*

*Be with us always, in joy and in sorrow, and most of all,  
grant that one day all the members of this family may find  
themselves united with you in Paradise. Amen.*

Blessed James Alberione

# *The Holy Family Rosary*



## *Litany of the Holy Family*

Lord, have mercy.            Lord, have mercy.  
Christ, have mercy.        Christ, have mercy.  
Lord, have mercy.        Lord, have mercy.  
Christ, hear us.            Christ, hear us.  
Christ graciously hear us    Christ, graciously hear us.  
God the Father in Heaven    Have mercy on us.  
God the Son, Redeemer  
of the world  
God, the Holy Spirit  
Holy Trinity, One God  
Jesus, Son of the living God,  
who became man for love of us  
and sanctified family living

Jesus, Mary and Joseph, honored  
by all as "the Holy Family,"        Come to our aid  
Holy Family, reflection on earth  
of the Most Holy Trinity,  
Holy Family, perfect model of  
every virtue,  
Holy Family, glorified by the song  
of angels,  
Holy Family, honored by the shepherds  
and by the gifts of the Magi,  
Holy Family, exalted by holy Simeon,  
Holy Family, persecuted and forced to  
take refuge in a pagan land,  
Holy Family, most faithful to God's laws,  
Holy Family, whose head is model of  
paternal love,  
Holy Family, whose Mother is model  
of maternal love,

## *The Holy Family Rosary*

### **First Mystery: Mary and Joseph accept the will of God**

*From the Gospel of Luke:* In the sixth month the angel Gabriel was sent by God to a town in Galilee called Nazareth, to a virgin betrothed to a man named Joseph, of the House of David; and the virgin's name was Mary. He went in and said to her: "Rejoice, so highly favored! The Lord is with you ..."  
But Mary said to the angel, "How can this come about, since I am a virgin?" "The Holy Spirit will come upon you," the angel answered and the power of the Most High will cover you with its shadow. And so the child will be holy and will be called Son of God . . ." And Mary said: " I am the handmaid of the Lord, let it be done to me according to your word." (1, 34-38).

*Our Father. . .*

*Hail, O Family of Nazareth, Jesus, Mary and Joseph,  
blessed are you by God and blessed is the Son of God born to  
you, Jesus.*

*Holy Family of Nazareth, we consecrate ourselves to you.  
Sustain and protect our family in your love. Amen (10 times).*

**Second Mystery: Mary and Joseph adore their Son, born for us.**

*From the Gospel of Luke:* Now at this time Caesar Augustus issued a decree for a census of the whole world to be taken . . . Everyone went to his own town to be registered. So Joseph set out from the town of Nazareth in Galilee and traveled up to Judea to the town of David called Bethlehem . . . in order to be registered together with Mary, his wife, who was with child. While they were there the time came for her to have her child, and she gave birth to a son, her first-born. She wrapped him in swaddling clothes, and laid him in a manger because there was no room for them at the inn. (2, 1-7).

*Our Father, etc (as after the First Mystery).*

**Third Mystery: Mary and Joseph endure the sufferings of exile.**

*From the Gospel of Matthew:* The angel of the Lord appeared to Joseph in a dream and said: "Get up, take the child and his mother with you, and escape into Egypt, and stay there until I tell you, because Herod intends to search for the child and to do away with him." So Joseph got up and, taking the child and his mother with him, left that night for Egypt, where he stayed until Herod was dead. (2, 13 - 15).

*Our Father, etc.*

**Fourth Mystery: Mary and Joseph return to Nazareth.**

*From the Gospel of Matthew:* After Herod's death, the angel of the Lord appeared in a dream to Joseph in Egypt and said: "Get up, take the child and his mother with you and go back to the land of Israel, for those who wanted to kill the child are dead. So Joseph got up and, taking the child and his mother with him, went back to the land of Israel. But when he heard that Archelaus had succeeded his father, Herod, as ruler of Judaea he was afraid to go there, and being warned in a dream he left for the region of Galilee. There he settled in a town called Nazareth. In this way the words spoken through the prophets were to be fulfilled: *He will be called a Nazarene.*

*Our Father, etc.*

**Fifth Mystery: Mary and Joseph share suffering when Jesus seems lost.**

*From the Gospel of Luke:* Every year his parents used to go to Jerusalem for the feast of the Passover. When he was twelve years old they went up for the feast as usual. When they were on their way home after the feast, the boy Jesus stayed behind in Jerusalem without his parents knowing it . . . Three days later they found him in the Temple, sitting among the doctors, listening to them and asking them questions. And all those who heard him were astounded at his intelligence and his replies. They were overcome when they saw him, and his mother said to him, "My child, why have you done this to us? See how worried your father and I have been looking for you." And he replied: "Why were you looking for me? Did you not know that I must be busy with my Father's affairs? " But they did not understand what he meant. ( 2,41-50).

*Our Father, etc.*

Holy Family, whose Son is model of  
obedience and filial love,                      Come to our aid.  
Holy Family, Patron and Protector of  
all Christian families  
Holy Family, our refuge during life and  
hope at the hour of death                      "

From whatever deprives us of  
peace or a union of hearts,    O Holy Family, save us.  
From worldly allurements                      "  
From despair of heart                      "  
From attachments to worldly goods,  
From vanity and presumption,                      "  
From indifference and superficiality  
in the service of God,  
From an unprovided death,

By the perfect union of your hearts,                      O Holy Family hear us.  
By your poverty and humility,  
By your perfect obedience,  
By your pain and affliction,  
By your labor and challenges,  
By your prayer and silence,  
By your purity of intention,  
By the perfection of your actions,

Lamb of God you take away the sins  
of the world                      Spare us O Lord.  
Lamb of God, you take away the sins  
of the world                      Graciously hear us O Lord.  
Lamb of God, you take away the sins  
of the world,                      Have mercy on us.

**Let** us pray. Merciful Father, grant us the grace to follow the  
examples of the Holy Family, so that, after the trials of this life,  
we may be united in the glory of heaven. Through Christ, our  
Lord. Amen.